

LAFAYETTE

Camps, care, and enrichment programs designed to educate, entertain, and engage students.



FALL ENRICHMENT SCHEDULE SESSIONS BEGIN SEPTEMBER 26TH

ТІМЕ	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03:20PM - 04:30PM	Music Program - Piano Village Music School Grades: 3 - 5 \$360.00	Tippi Jam Tippi Toes Grades: PreK - K \$287.00	iSTEAM: Blueprint Masters: Engineering and Architecture ISTEAM Grades: 3 - 5 \$239.00	<u>Music Program - Piano</u> Village Music School Grades: K - 2 \$360.00	
03:20PM - 04:30PM	<u>Karate</u> Kaizen Karate Grades: K - 5 \$275.00	"Mini-me" Fashion Design Red Sprinkle Grades: PreK - 3 \$295.00	Mudskipper Pottery Fall For All Mudskipper Grades: K - 5 \$269.00	<u>Music Program - Guitar</u> Village Music School Grades: K - 2 \$360.00	
03:20PM - 04:30PM	<u>Music Program - Guitar</u> Village Music School Grades: 3 - 5 \$360.00	Debate Club Spark Business Academy Grades: 3 - 5 \$320.00	My First Lemonade Stand Spark Business Academy Grades: K - 2 \$320.00	<u>Scratch Jr.</u> Code Advantage Grades: K - 3 \$373.00	
03:20PM - 04:30PM	Chess Club Magnus Chess Grades: K - 5 \$282.00	Musical Theater Message in Motion Grades: K - 5 \$260.00	Yoga & Creative Movement Breathing Space Grades: K - 2 \$265.00	Artistic Drawing Innovative Minds dba Young Rembrandts Grades: K - 5 \$269.00	
03:20PM - 04:30PM	Power Tots Gymnastics Power Tots Grades: PreK - 1 \$240.00	Soccer DC Way Grades: PreK - 1 \$195.00	Tennis TGA Tennis Grades: 3 - 5 \$298.00	My First Passport Spark Business Academy Grades: K - 2 \$320.00	
03:20PM - 04:30PM	Flag Football TGA Grades: 1 - 5 \$298.00		<u>Cheerleading</u> Message in Motion Grades: PreK - 4 \$298.00	Hip Hop Message in Motion Grades: K - 5 \$260.00	
03:20PM - 04:30PM				Multi-Sport DC Way Grades: PreK - 1 \$298.00	
03:20PM - 04:30PM			TRATION	Gymnastics: Skill Building Power Tots Grades: 2 - 5 \$298.00	

REGISTRATION:

BEGINS SEPTEMBER 12th at 5pm - CLOSES SEPTEMBER 18th at 11:59pm CLASSES BEGIN THE WEEK OF SEPTEMBER 26, 2023

VISIT WWW.FLEXACADEMIES.COM AND SELECT ENROLL NOW

REGISTER FROM YOUR PHONE



WEBSITE: <u>https://flexacademies.com/</u> CONTACT US: info@flexacademies.com





Camps, care, and enrichment programs designed to educate, entertain, and engage students.

CLASS DESCRIPTION

MUSIC PROGRAM VILLAGE MUSIC SCHOOL

The age-appropriate curriculum includes singing, playing, analyzing, creating and listening to music. In the group guitar and piano classes, students learn the fundamentals of understanding music through popular songs and hands-on experience playing the guitar or piano. Students gain the knowledge they need to perform their favorite pop, rock, and folk songs. They will also gain the strongest of foundations to lead the way for further musical exploration. Class time incorporates musical games, focused practice, and ensemble work to play songs together as a group.

The hope would be to introduce students to the broad expanse of western music from Beethoven to John Coltrane, from Rihanna to Bach, improvisation in the works of Miles Davis & amp; Buddy Guy to improvisation in Mozart. The Material is designed to be an easy task to students and parents. Parents will be encouraged to help students practice at home.

"MINI-ME" FASHION DESIGN RED SPRINKLE

Become the next "fashion star." through the "Mini-me Fashion Design" course. A love for fashion comes at all ages, and this hands-on course is designed specifically for youth under age 9. Your budding mini-fashion designer will learn popular fashion styling and runway trends, fashion illustration, and even how to create looks for their favorite doll using no-fuss construction techniques! This exciting week will focus on: Runway Training-Want to mimic the walks of your favorite runway model? Learn about posture, posing, and the most popular walking techniques. You will be sashaying down the runway in no time! Fashion Styling--Want to become a fashion icon? Discover your own personal style, and learn how to style fabulous looks by creating your very own fashion look book. Raid our fashion "treasure chest" and create themed outfits for live mannequins! Fashion Illustration-Create cutting-edge clothing designs, while learning to sketch body forms. This class will not only show you top illustration techniques used by top fashion designers, but also how to bring those looks to life by adding fabric, jewels, and glitter! Fashion Design-Explore the colorful and exciting world of fashion design! Using your favorite doll as a muse, you will learn how to produce patterns, select fabric, and construct garments using adhesion and other "no-fuss" techniques. Your doll is sure to look smashing in your custom-made outfit!

KARATE KAIZEN KARATE

This popular class is a disciplined introduction to the sport by Kaizen Karate. Your child will learn the beautiful art of karate while gaining safety and defensive skills in a respectful environment. The class will also emphasize the basic karate principles of focus, patience, and self[1]discipline. Returning students will continue to work toward new belts while first-time students will be able to start the belt program.

TIPPI JAM

Join Tippi Toes® for a high-energy dance class designed to keep boys and girls engaged in continual motion from the first step to the last beat. Our positive, upbeat classes are based on original, imaginative, and FUN music which has hit the Billboard charts! This class allows children 3-6 years to exercise their bodies and imaginations while getting a wonderful introduction to dance.

DEBATE CLUB SPARK BUSINESS ACADEMY

Learn the art of persuasion! Students work in rotating groups and practice their debating skills in a supportive environment, including developing arguments, issuing rebuttals, providing examples, rebuilding their case and summarizing points of view.

Students learn to think on their feet and enhance their public-speaking skills, gaining self-confidence in the process.



Learning to Code is a critical skill for children to learn! Much like learning another language, it's best to have kids learn about programming concepts early and often! In our Scratch Jr class, kids will learn coding concepts including computer automation and linear sequencing. They will make short stories, apply elements of animation, and create their own sprites and objects – all using technology and coding fundamentals!

MY FIRST LEMONADE STAND SPARK BUSINESS ACADEMY

Learn how to make sweet and tangy lemonade - and make money by selling it!

Experiment with recipes, design flyers, learn how to count money, make change and tally your profits. Then, in a showcase finale event, launch your lemonade stand and sell, sell, sell, and raise funds for a charity students select!



Enter into the magical and exciting world of chess with Chess Wizards! You will participate in epic chess games, fun and interactive lessons, tournaments, team matches, trivia and more! Our specialized classes are a blast for everyone first through fifth. Whether you have been playing chess for your entire life and want to improve, are brand new to the game, or you just want to have a fun experience with your friends - Chess Wizards is the place for you!



You



Camps, care, and enrichment programs designed to educate, entertain, and engage students.

CLASS DESCRIPTION

MY FIRST PASSPORT SPARK BUSINESS ACADEMY

This fun program helps students develop a global mindset and build international awareness early in life! Explore cultural differences across countries, geography games, famous landmarks, world currencies, current global events, the role of international institutions like the UN, and more. Students role-play as diplomats and come up with solutions to key global problems like hunger, poverty and pollution.

ARTISTIC DRAWING INNOVATIVE MINDS DBA YOUNG REMBRANDTS

Encourage your child's enthusiasm for art and help develop his or her drawing skills with a Encourage your child's enthusiasm for art and help develop his or her drawing skills with a Young Rembrandts[™] drawing class. Young Rembrandts[™] Drawing curriculum uses a structured stepwise format to teach elementary students useful drawing skills, while developing creative thinking strategies. Students deconstruct complex objects into familiar shapes; then use problem-solving and imagination to make their own works of art. Innovative reasoning skills are developed through creativity, collaborative communication, and critical thinking. A variety of engaging images challenge students with realistic, abstract and graphic art styles. Our Artistic Drawing curriculum develops academically relevant skills, including spatial-motor planning, mental discipline and fine motor skills, while providing a fun, enriching experience for our students. New lesson every week.



DC Way's programs introduce children to physical activities with and without a ball, emphasizing having a fun-filled exposure to the sport while learning the game's basic skills. All activities will be age and level appropriate to increase motor development, stimulate thinking, social-emotional integration, and teach fundamental soccer skills. We will offer a new topic, skill set, and life lesson in each class, including leadership, teamwork, communication, and more.

MUSICAL THEATER MESSAGE IN MOTION

Students will learn the meaning of a triple threat performer in this class that introduces the main components of musical theatre including voice, acting, basic music theory, and dance technique (typically musical theatre jazz/broadway style and/or hip hop.) Learn choreography and staging basics while utilizing props, role playing, and imagination to aid in personal expression and creativity! Students will learn and collaborate on mini musical routines from both old school Broadway shows like Cat and Mary Poppins, to more contemporary productions and shows like Hamilton, Annie, Lion King, and more! Students will showcase what they have learned at an end of session informal in class parent show!

What to wear: Comfy clothing, (easy to move around in), with sneakers and socks. Preferably no khakis, dresses, skirts, or jeans on class days. Hair pulled back.

YOGA & CREATIVE MOVEMENT BREATHING SPACE

Breathing Space classes help students learn techniques for concentrating, reducing stress, and connecting to their bodies in a loving way while having fun and building fitness. After school classes incorporate age-appropriate poses, movement, breathing, games, mindfulness, and relaxation.

POWER TOTS GYMNASTICS POWER TOTS

Power Tots Gymnastics is ready to roll this school year! The mission of Power Tots is to consistently provide high-quality movement instruction in a fun, safe, and positive environment. Our programs are designed to challenge and educate children in multiple aspects of their lives, as well as help them get the wiggles out after a long day of school. Fine and gross motor skills are developed and enhanced, along with the overall physical and emotional well-being of each child. Every goal is reached with the effort and execution of our belief in the "Power of a Positive Attitude." Our challenging and thorough curriculum is designed to reach our goals of increased self-confidence and a positive association with fitness and increased physical health, all while learning muscle groups, shapes, numbers, colors, and healthy lifestyle habits.

Our certified and safety trained instructors offer your children lots of high-energy fun through positive discipline and reinforcement in a non-competitive atmosphere. All instructors undergo multiple background checks and screenings as well as meet all state requirements for child care vendors and schools. Rest assured that our programs are not only a wonderful environment for children but that all precautions and safety aspects are met to the highest of standards. Thank you for your interest in Power Tots and we can't wait to see you in class!



"The USTA and TGA bring a tennis program to you! We offer a fun introduction to the sport for students ages 5 to 16 in an engaging and supportive environment. While learning basic foundations and etiquette of tennis, students will also improve their fine motor skills and coordination through games and entertaining drills. Coaches use teachable moments during classes to promote life skills such as honesty and sportsmanship. Youth tennis racquets are provided.

New to tennis? No problem! Players without prior tennis experience are welcome to join.



Play Flag Football with First Down Football Academy (FDFA) at Lafayette!

First Down Football Academy flag football programs are an excellent way for children to learn one of America's favorite sports in a safe, fun, and encouraging environment. Flag football is a "no contact" sport; therefore, allowing children to learn and be educated in the basics of the sport while also being challenged in football drills and lessons that will grow their knowledge of the sport in a safe environment and age appropriate. Tackling is eliminated as well as preventing other injuries associated with tackling and or contact. Instead of tackling and or direct contact, defensive players will pull the flags off the ball carrier's waist to stop them. In addition to the sports skills, coaches will utilize teachable moments during class to teach children essential life lessons such as teamwork, kindness, and sportsmanship "

WEBSITE: <u>https://flexacademies.com/</u> CONTACT US: info@flexacademies.com





Camps, care, and enrichment programs designed to educate, entertain, and engage students.

CLASS DESCRIPTION

CHEERLEADING MESSAGE IN MOTION

Ready? Set?! Cheer! Has your child ever wanted to learn the cheers they hear at their favorite team's football or basketball game? Do they love showing school spirit? Have they ever been mesmerized by the athleticism of the boy and girl cheerleaders they've seen out on the field at professional games and events? Then this is the class for them! Students will cheer their school on to V-I-C-T-O-R-Y while learning all the basics of this sport including motions, jumps, chants, cheers, and basic stunting and tumbling when allowed. Cheers and chants will be customized to your child's individual school's mascot and colors so students can utilize cheers throughout the year at school spirit and sporting events! Build on strength, flexibility, balance, and overall athleticism while doing fun leadership activities that build self esteem and teamwork! **Pom poms are also provided for students throughout the session!** Students will showcase what they have learned at an informal end of session in class "pep rally" for parents!

What to wear: Comfy, stretchy clothing including sweats/cheer shorts/leggings/t-shirts with sneakers and socks. Preferably no khakis, dresses, skirts, or jeans on cheer days. Hair pulled back.



The age-appropriate curriculum includes singing, playing, analyzing, creating and listening to music. In the group guitar and piano classes, students learn the fundamentals of understanding music through popular songs and hands-on experience playing the guitar or piano. Students gain the knowledge they need to perform their favorite pop, rock, and folk songs. They will also gain the strongest of foundations to lead the way for further musical exploration. Class time incorporates musical games, focused practice, and ensemble work to play songs together as a group.

The hope would be to introduce students to the broad expanse of western music from Beethoven to John Coltrane, from Rihanna to Bach, improvisation in the works of Miles Davis & amp; Buddy Guy to improvisation in Mozart. The Material is designed to be an easy task to students and parents. Parents will be encouraged to help students practice at home.

MULTI-SPORT DC WAY

Embark on an exhilarating journey through a variety of sports, from soccer to basketball, baseball, field hockey and more, as our program fuels your child's love for athleticism and adventure.

GYMNASTICS: SKILL BUILDING POWER TOTS

The mission of Power Tots is to consistently provide high-quality movement instruction in a fun, safe, and positive environment. Our programs are designed to challenge and educate children in multiple aspects of their lives. Fine and gross motor skills are developed and enhanced, along with the overall physical and emotional well-being of each child. Every goal is reached with the effort and execution of our belief in the "Power of a Positive Attitude." Our challenging and thorough curriculum is designed to reach our goals of increased self-confidence and a positive association with fitness and increased physical health. Our instructors will help each child set personal goals for skills that we will learn during class, and help them achieve those goals with positive results.

Our certified and safety trained instructors offer your children lots of high-energy fun through positive discipline and reinforcement in a non-competitive atmosphere. All instructors undergo multiple background checks and screenings as well as meet all state requirements for child care vendors and schools. Rest assured that our programs are not only a wonderful environment for children but that all precautions and safety aspects are met to the highest of standards. Thank you for your interest in Power Tots and we can't wait to see you in class!

ISTEAM: BLUEPRINT MASTERS: ENGINEERING AND ARCHITECTURE

Our young scientists will be introduced to the exciting world of architecture, engineering and design!

WEBSITE: <u>https://flexacademies.com/</u> CONTACT US: info@flexacademies.com

